



## Student File Checklist

Child's name : \_\_\_\_\_ Enrollment date: \_\_\_\_\_

This checklist has been prepared to help you complete the documents for your child's file in accordance with Department of Children and Family Services licensing regulations. All forms must be completed and turned in to NFCNS two weeks prior to the first day of school.

Please fill out every form completely, using N/A (not applicable) when appropriate

If your child was a Cub, Bear, 3-Day or 4-Day student last year, only those forms marked with an asterisk are required.

- \_\_\_\_\_ Photocopy of birth certificate
- \_\_\_\_\_ \*Certificate of Child Health Exam (remember to complete the parent portion and sign it)  
This form is due every 2 years. If you are claiming exemption from immunization for your child based on religion, also complete and return the Illinois Certificate of Religious Exemption
- \_\_\_\_\_ Lead Risk Questionnaire
- \_\_\_\_\_ \*Emergency Contact form
- \_\_\_\_\_ \*Release and Notification form
- \_\_\_\_\_ Student Information form
- \_\_\_\_\_ \*Consent form
- \_\_\_\_\_ Guidance and Discipline Policy
- \_\_\_\_\_ Illness Policy
- \_\_\_\_\_ Late Pick-Up Policy
- \_\_\_\_\_ \*Allergy Alert form – if your child has an allergy to be managed at school, please complete the Allergy Action Plan and Permission to Dispense Medication for **each medication** indicated by the Action Plan
- \_\_\_\_\_ \*Handbook Acknowledgement
- \_\_\_\_\_ DCFS Licensing Regulations Summary, Verification of Receipt
- \_\_\_\_\_ \*Volunteer Sign-Up

Other forms that may be indicated:

- \_\_\_\_\_ Illinois Certificate of Religious Exemption
- \_\_\_\_\_ Allergy Action Plan
- \_\_\_\_\_ Permission to Dispense Medication



## State of Illinois Certificate of Child Health Examination

FOR USE IN DCFS LICENSED  
CHILD CARE FACILITIES  
CFS 600  
Rev 11/2013



<b>Student's Name</b>			<b>Birth Date</b>	<b>Sex</b>	<b>Race/Ethnicity</b>	<b>School /Grade Level/ID#</b>
Last	First	Middle	Month/Day/Year			
<b>Address</b>			<b>Parent/Guardian</b>		<b>Telephone # Home Work</b>	
Street	City	Zip Code				

**IMMUNIZATIONS:** To be completed by health care provider. Note the mo/da/yr for every dose administered. The day and month is required if you cannot determine if the vaccine was given *after* the minimum interval or age. **If a specific vaccine is medically contraindicated, a separate written statement must be attached explaining the medical reason for the contraindication.**

Vaccine / Dose	1 MO DA YR			2 MO DA YR			3 MO DA YR			4 MO DA YR			5 MO DA YR			6 MO DA YR		
	<b>DTP or DTaP</b>																	
<b>Tdap; Td or Pediatric DT</b> (Check specific type)	<input type="checkbox"/> Tdap <input type="checkbox"/> Td <input type="checkbox"/> DT			<input type="checkbox"/> Tdap <input type="checkbox"/> Td <input type="checkbox"/> DT			<input type="checkbox"/> Tdap <input type="checkbox"/> Td <input type="checkbox"/> DT			<input type="checkbox"/> Tdap <input type="checkbox"/> Td <input type="checkbox"/> DT			<input type="checkbox"/> Tdap <input type="checkbox"/> Td <input type="checkbox"/> DT			<input type="checkbox"/> Tdap <input type="checkbox"/> Td <input type="checkbox"/> DT		
<b>Polio</b> (Check specific type)	<input type="checkbox"/> IPV <input type="checkbox"/> OPV			<input type="checkbox"/> IPV <input type="checkbox"/> OPV			<input type="checkbox"/> IPV <input type="checkbox"/> OPV			<input type="checkbox"/> IPV <input type="checkbox"/> OPV			<input type="checkbox"/> IPV <input type="checkbox"/> OPV			<input type="checkbox"/> IPV <input type="checkbox"/> OPV		
<b>Hib</b> Haemophilus influenza type b																		
<b>Hepatitis B (HB)</b>																		
<b>Varicella</b> (Chickenpox)										<b>COMMENTS:</b>								
<b>MMR</b> Combined Measles Mumps. Rubella																		
<b>Single Antigen Vaccines</b>	<b>Measles</b>			<b>Rubella</b>			<b>Mumps</b>											
<b>Pneumococcal Conjugate</b>																		
<b>Other/Specify</b> Meningococcal, Hepatitis A, HPV, Influenza																		

Health care provider (MD, DO, APN, PA, school health professional, health official) verifying above immunization history must sign below. If adding dates to the above immunization history section, put your initials by date(s) and sign here.)

<b>Signature</b>	<b>Title</b>	<b>Date</b>
<b>Signature</b>	<b>Title</b>	<b>Date</b>

**ALTERNATIVE PROOF OF IMMUNITY**

1. Clinical diagnosis is acceptable if verified by physician. \*(All measles cases diagnosed on or after July 1, 2002, must be confirmed by laboratory evidence.)

\*MEASLES (Rubeola) MO DA YR MUMPS MO DA YR VARICELLA MO DA YR Physician's Signature

2. History of varicella (chickenpox) disease is acceptable if verified by health care provider, school health professional or health official.  
Person signing below is verifying that the parent/guardian's description of varicella disease history is indicative of past infection and is accepting such history as documentation of disease.

Date of Disease	Signature	Title	Date
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3. Laboratory confirmation (check one) Measles Mumps Rubella Hepatitis B Varicella

Lab Results (Attach copy of lab result)

**VISION AND HEARING SCREENING BY IDPH CERTIFIED SCREENING TECHNICIAN**

Date																					<b>Code:</b> P = Pass F = Fail U = Unable to test R = Referred G/C = Glasses/Contacts
Age/Grade																					
	R	L	R	L	R	L	R	L	R	L	R	L	R	L	R	L	R	L	R	L	
Vision																					
Hearing																					

<b>Student's Name</b>			<b>Birth Date</b>	<b>Sex</b>	<b>School</b>	<b>Grade Level/ ID #</b>
Last	First	Middle	Month/Day/ Year			

**HEALTH HISTORY TO BE COMPLETED AND SIGNED BY PARENT/GUARDIAN AND VERIFIED BY HEALTH CARE PROVIDER**

<b>ALLERGIES</b> (Food, drug, insect, other)			<b>MEDICATION</b> (List all prescribed or taken on a regular basis.)		
Diagnosis of asthma?	Yes	No	Loss of function of one of paired organs? (eye/ear/kidney/testicle)	Yes	No
Child wakes during the night	Yes	No		Yes	No
Birth defects?	Yes	No	Hospitalizations? When? What for?	Yes	No
Developmental delay?	Yes	No		Yes	No
Blood disorders? Hemophilia, Sickle Cell, Other? Explain.	Yes	No	Surgery? (List all.) When? What for?	Yes	No
Diabetes?	Yes	No		Yes	No
Head injury/Concussion/Passed out?	Yes	No	TB skin test positive (past/present)?	Yes*	No
Seizures? What are they like?	Yes	No		Yes*	No
Heart problem/Shortness of breath?	Yes	No	Tobacco use (type, frequency)?	Yes	No
Heart murmur/High blood pressure?	Yes	No		Yes	No
Dizziness or chest pain with exercise?	Yes	No	Family history of sudden death before age 50? (Cause?)	Yes	No
Eye/Vision problems? _____ Glasses <input type="checkbox"/> Contacts <input type="checkbox"/> Last exam by eye doctor _____				Dental <input type="checkbox"/> Braces <input type="checkbox"/> Bridge <input type="checkbox"/> Plate <input type="checkbox"/> Other	
Other concerns? (crossed eye, drooping lids, squinting, difficulty reading)			Information may be shared with appropriate personnel for health and educational purposes.		
Ear/Hearing problems?	Yes	No	<b>Parent/Guardian Signature</b> _____ <b>Date</b> _____		
Bone/Joint problem/injury/scoliosis?	Yes	No			

**PHYSICAL EXAMINATION REQUIREMENTS Entire section below to be completed by MD/DO/APN/PA**

<b>HEAD CIRCUMFERENCE</b>	<b>HEIGHT</b>	<b>WEIGHT</b>	<b>BMI</b>	<b>B/P</b>
<b>DIABETES SCREENING</b> (NOT REQUIRED FOR DAY CARE) <b>BMI&gt;85% age/sex</b> Yes <input type="checkbox"/> No <input type="checkbox"/> And any two of the following: <b>Family History</b> Yes <input type="checkbox"/> No <input type="checkbox"/> <b>Ethnic Minority</b> Yes <input type="checkbox"/> No <input type="checkbox"/> <b>Signs of Insulin Resistance</b> (hypertension, dyslipidemia, polycystic ovarian syndrome, acanthosis nigricans) Yes <input type="checkbox"/> No <input type="checkbox"/> <b>At Risk</b> Yes <input type="checkbox"/> No <input type="checkbox"/>				
<b>LEAD RISK QUESTIONNAIRE</b> Required for children age 6 months through 6 years enrolled in licensed or public school operated day care, preschool, nursery school and/or kindergarten. <b>Questionnaire Administered?</b> Yes <input type="checkbox"/> No <input type="checkbox"/> <b>Blood Test Indicated?</b> Yes <input type="checkbox"/> No <input type="checkbox"/> <b>Blood Test Date</b> _____ (Blood test required if resides in Chicago.)				
<b>TB SKIN OR BLOOD TEST</b> Recommended only for children in high-risk groups including children immunosuppressed due to HIV infection or other conditions, frequent travel to or born in high prevalence countries or those exposed to adults in high-risk categories. See CDC guidelines. <b>No test needed</b> <input type="checkbox"/> <b>Test performed</b> <input type="checkbox"/>				
<b>Skin Test: Date Read</b> / / <b>Result: Positive</b> <input type="checkbox"/> <b>Negative</b> <input type="checkbox"/> <b>mm</b> _____				
<b>Blood Test: Date Reported</b> / / <b>Result: Positive</b> <input type="checkbox"/> <b>Negative</b> <input type="checkbox"/> <b>Value</b> _____				

<b>LAB TESTS</b> (Recommended)	Date	Results	Date	Results
Hemoglobin or Hematocrit				Sickle Cell (when indicated)
Urinalysis				Developmental Screening Tool

<b>SYSTEM REVIEW</b>	Normal	Comments/Follow-up/Needs	Normal	Comments/Follow-up/Needs
Skin			Endocrine	
Ears			Gastrointestinal	
Eyes		Amblyopia Yes <input type="checkbox"/> No <input type="checkbox"/>	Genito-Urinary	LMP
Nose			Neurological	
Throat			Musculoskeletal	
Mouth/Dental			Spinal Exam	
Cardiovascular/HTN			Nutritional status	
Respiratory		<input type="checkbox"/> Diagnosis of Asthma	Mental Health	
Currently Prescribed Asthma Medication: <input type="checkbox"/> Quick-relief medication (e.g.Short Acting Beta Antagonist ) <input type="checkbox"/> Controllor medication (e.g. inhaled corticosteroid)			Other	

<b>NEEDS/MODIFICATIONS</b> required in the school setting	<b>DIETARY</b> Needs/Restrictions
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**SPECIAL INSTRUCTIONS/DEVICES** e.g. safety glasses, glass eye, chest protector for arrhythmia, pacemaker, prosthetic device, dental bridge, false teeth, athletic support/cup

**MENTAL HEALTH/OTHER** Is there anything else the school should know about this student?  
If you would like to discuss this student's health with school or school health personnel, check title:  Nurse  Teacher  Counselor  Principal

**EMERGENCY ACTION** needed while at school due to child's health condition (e.g. ,seizures, asthma, insect sting, food, peanut allergy, bleeding problem, diabetes, heart problem)?  
Yes  No  If yes, please describe. \_\_\_\_\_  
On the basis of the examination on this day, I approve this child's participation in \_\_\_\_\_ (If No or Modified, please attach explanation.)

**PHYSICAL EDUCATION** Yes  No  Modified  **INTERSCHOLASTIC SPORTS** (for one year) Yes  No  Limited

<b>Print Name</b> _____	(MD,DO, APN, PA) <b>Signature</b> _____	<b>Date</b> _____
<b>Address</b> _____	<b>Phone</b> _____	

(Complete both sides)



## EMERGENCY CONTACT FORM

*This form will be used by Northfield Community Nursery School in the event of a medical emergency which requires the school and/or medical personnel to contact a child's parent/guardian. It contains important information about your child that may be needed in an emergency situation, and provides the fastest way to reach parents and/or other individual in the event that neither parent can be reached.*

Child's name: \_\_\_\_\_ Birthdate: \_\_\_\_\_  
(first) (last)

Any known allergies or medical conditions: \_\_\_\_\_

Address: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Physician's name: \_\_\_\_\_ Phone \_\_\_\_\_

Address: \_\_\_\_\_

Dentist's name: \_\_\_\_\_ Phone \_\_\_\_\_

Address: \_\_\_\_\_

**1<sup>st</sup> person to contact** in the event of emergency: mother / father / guardian (circle one)

Name: \_\_\_\_\_

Cell phone: \_\_\_\_\_

Work phone: \_\_\_\_\_

Home phone: \_\_\_\_\_

Name and place of business if applicable: \_\_\_\_\_

**2nd person to contact** in the event of emergency: mother / father / guardian (circle one)

Name: \_\_\_\_\_

Cell phone: \_\_\_\_\_

Work phone: \_\_\_\_\_

Home phone: \_\_\_\_\_

Name and place of business if applicable: \_\_\_\_\_

**Authorized person to contact** if neither parent is reachable:

Name: \_\_\_\_\_ Relationship to child: \_\_\_\_\_

Cell phone: \_\_\_\_\_

Work phone: \_\_\_\_\_

Home phone: \_\_\_\_\_

Name and place of business if applicable: \_\_\_\_\_

*I hereby authorize school officials to seek immediate medical attention with Northfield Paramedic Emergency Service in an emergency situation involving my above named child. I agree to accept all financial responsibility incurred by such action which may include transportation to and/or treatment at Glenbrook Hospital, Glenview, IL.*

\_\_\_\_\_  
(parent / guardian name)

\_\_\_\_\_  
(signature)

\_\_\_\_\_  
(date)



### Child Release & Notification Form

Child's Name \_\_\_\_\_  
(first) (last)

Northfield Community Nursery School will not release a child to anyone other than a parent/guardian, unless they are listed and authorized below. It is a DCFS licensing regulation that NFCNS is prohibited from releasing a child without **written parental/guardian authorization**. This authorization must include the name, address and phone number of the alternate pick-up people. These same people will be notified if neither parent is able to be contacted for other child-related needs such as illness, diaper changing, or non-arrival of parent/guardian 10 minutes after the school session has ended.

I hereby authorize Northfield Community Nursery School to release my child to the following individuals. I will notify these individuals that they must provide photo identification in order for my child to be released to them.

Name: \_\_\_\_\_ Relationship to child: \_\_\_\_\_

Address: \_\_\_\_\_

Daytime phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Name: \_\_\_\_\_ Relationship to child: \_\_\_\_\_

Address: \_\_\_\_\_

Daytime phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Name: \_\_\_\_\_ Relationship to child: \_\_\_\_\_

Address: \_\_\_\_\_

Daytime phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Parent/Guardian signature: \_\_\_\_\_

Parent/Guardian name: \_\_\_\_\_ Date: \_\_\_\_\_



*northfield community nursery school*

**NFCNS Consent Form**

**Photographic Release**

Northfield Community Nursery School periodically takes photographs of children for use in educational portfolios, school newsletters, promotional materials, on the school website and in local publications. Names of children are not used.

\_\_\_\_ I authorize the photographing and use of my child's picture as described above

\_\_\_\_ I **do not** authorize the photographing and use of my child's picture

\_\_\_\_\_  
(parent/guardian name)

\_\_\_\_\_  
(signature)

\_\_\_\_\_  
(date)

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# Food Allergy Action Plan

## Emergency Care Plan

Place  
Student's  
Picture  
Here

Name: \_\_\_\_\_ D.O.B.: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Allergy to: \_\_\_\_\_

Weight: \_\_\_\_\_ lbs. Asthma:  Yes (higher risk for a severe reaction)  No

Extremely reactive to the following foods: \_\_\_\_\_

### THEREFORE:

- If checked, give epinephrine immediately for ANY symptoms if the allergen was *likely* eaten.
- If checked, give epinephrine immediately if the allergen was *definitely* eaten, even if no symptoms are noted.

### Any SEVERE SYMPTOMS after suspected or known ingestion:

#### One or more of the following:

LUNG: Short of breath, wheeze, repetitive cough

HEART: Pale, blue, faint, weak pulse, dizzy, confused

THROAT: Tight, hoarse, trouble breathing/swallowing

MOUTH: Obstructive swelling (tongue and/or lips)

SKIN: Many hives over body

#### Or **combination** of symptoms from different body areas:

SKIN: Hives, itchy rashes, swelling (e.g., eyes, lips)

GUT: Vomiting, diarrhea, crampy pain



### 1. INJECT EPINEPHRINE IMMEDIATELY

2. Call 911
3. Begin monitoring (see box below)
4. Give additional medications:\*
  - Antihistamine
  - Inhaler (bronchodilator) if asthma

\*Antihistamines & inhalers/bronchodilators are not to be depended upon to treat a severe reaction (anaphylaxis). USE EPINEPHRINE.

### MILD SYMPTOMS ONLY:

MOUTH: Itchy mouth

SKIN: A few hives around mouth/face, mild itch

GUT: Mild nausea/discomfort



### 1. GIVE ANTIHISTAMINE

2. Stay with student; alert healthcare professionals and parent
3. If symptoms progress (see above), USE EPINEPHRINE
4. Begin monitoring (see box below)

### Medications/Doses

Epinephrine (brand and dose): \_\_\_\_\_

Antihistamine (brand and dose): \_\_\_\_\_

Other (e.g., inhaler-bronchodilator if asthmatic): \_\_\_\_\_

### Monitoring

**Stay with student; alert healthcare professionals and parent.** Tell rescue squad epinephrine was given; request an ambulance with epinephrine. Note time when epinephrine was administered. A second dose of epinephrine can be given 5 minutes or more after the first if symptoms persist or recur. For a severe reaction, consider keeping student lying on back with legs raised. Treat student even if parents cannot be reached. See back/attached for auto-injection technique.

Parent/Guardian Signature \_\_\_\_\_

Date \_\_\_\_\_

Physician/Healthcare Provider Signature \_\_\_\_\_

Date \_\_\_\_\_

TURN FORM OVER

Form provided courtesy of the Food Allergy & Anaphylaxis Network ([www.foodallergy.org](http://www.foodallergy.org)) 9/2011

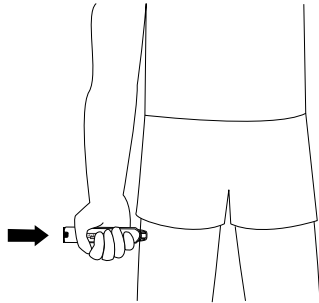


### EPIPEN Auto-Injector and EPIPEN Jr Auto-Injector Directions

- First, remove the EPIPEN Auto-Injector from the plastic carrying case
- Pull off the blue safety release cap



- Hold orange tip near outer thigh (always apply to thigh)

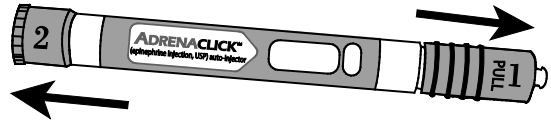


- Swing and firmly push orange tip against outer thigh. Hold on thigh for approximately 10 seconds. Remove the EPIPEN Auto-Injector and massage the area for 10 more seconds



DEY® and the Dey Logo, EpiPen®, EpiPen 2-Pak®, and EpiPen Jr 2-Pak® are registered trademarks of Dey Pharma, L.P.

### Adrenaclick™ 0.3 mg and Adrenaclick™ 0.15 mg Directions



Remove **GREY** caps labeled “1” and “2.”



Place **RED** rounded tip against outer thigh, press down hard until needle penetrates. Hold for 10 seconds, then remove.

A food allergy response kit should contain at least two doses of epinephrine, other medications as noted by the student’s physician, and a copy of this Food Allergy Action Plan.

A kit must accompany the student if he/she is off school grounds (i.e., field trip).

### Contacts

Call 911 (Rescue squad: ( ) - ) Doctor: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_

Phone: ( ) - \_\_\_\_\_

Phone: ( ) - \_\_\_\_\_

### Other Emergency Contacts

Name/Relationship: \_\_\_\_\_

Name/Relationship: \_\_\_\_\_

Phone: ( ) - \_\_\_\_\_

Phone: ( ) - \_\_\_\_\_



**Northfield Community Nursery School**  
**2017-18 Family Handbook Acknowledgements**

I have read and understand the **2017-18 Family Handbook** of Northfield Community Nursery School.

Parent/guardian name: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/guardian signature: \_\_\_\_\_

Your child(ren)'s name(s):

|       |       |
|-------|-------|
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |



## Volunteer Sign-Up

Here at NFCNS we rely on family participation. Please take a moment to let us know how you would like to help!

Toy Cleaning (August and/or January) - clean items at school or take items home to clean and keep our school healthy

Room Parent (2-3 needed per class) - help teachers with logistics of classroom events and coordinate teacher gifts

Pre-K Sharing Celebration (November) - help coordinate, prepare and serve a special Thanksgiving snack (Pre-K families only)

Cookie Walk (December 6<sup>th</sup>- 7<sup>th</sup>) - coordinate, bake, set up, or clean up - this is our traditional bake sale fundraiser

Saturday Splat (morning of January 13<sup>th</sup>) - set up, greet, supervise, or clean up for this "friendraiser" open to the public

Pre-K baking for soup kitchen (week of February 1<sup>st</sup>) - (Pre-K families only)

Alliance ScreenBreak Event (one afternoon, early March) - set up, greet, supervise or clean up for this fun family event

Bird Feeder Monitor – purchase bird seed and fill the school bird feeders once during the school year

Join the NFCNS Parent Board! Did you know that in addition to a wonderful staff, NFCNS has a parent-run board executing many functions for the school? NFCNS's board of parent volunteers dedicates their time to work on a wide range of activities, including:

- Programs – welcome coffees and fundraisers
- Administration – budgeting, tuition planning and teacher contracts
- Facilities – overseeing playground and classroom materials maintenance

There are lots of different ways you can be part of the learning and excitement that happen at NFCNS every day. If you are interested in getting involved at any level, please check here and contact our Board President, Steph Stefanik, at SH65@ntrs.com.

Did we miss something? Is there another way you'd like to help? Please let us know:

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Your name (please print): \_\_\_\_\_

Phone Number: \_\_\_\_\_ Email address: \_\_\_\_\_

Child's name: \_\_\_\_\_ Child's class and teacher: \_\_\_\_\_

Child's name: \_\_\_\_\_ Child's class and teacher: \_\_\_\_\_

Thank you for volunteering! Our Volunteer Coordinator will be in touch. You may contact her with questions at nfcnsparents@gmail.com.